Mrs Bonds Village Nursery
Intimate Care Policy

Statement of intent

Intimate care routines are essential throughout the day to ensure children's basic needs are met. This may include nappy changing, supporting children with toileting, changing clothes where required, first aid treatment and specialist medical support.

In order to maintain the child's privacy, the majority of these actions will take place on a one-to-one basis and wherever possible will be supported by the child's keyworker, with the exception of the first aid treatment that will be conducted by a qualified first aider.

Only staff who have had relevant Disclosure and Baring (DBS) checks, are at any time allowed to change any children's nappies or provide intimate care to a child

Aims

We aim to keep the process of intimate care and nappy changing private for the children, not in full view of others, but always remain accessible for others to be able to see us.

Nappy Changing

Nappy changing takes place in accordance with the child's individual routine. The nappy mat is in the toilet area, this helps keep the child's dignity during changing but ensures that the adult is always accessible for others to see

• Staff must wear aprons and gloves.

• Changing mat is to be cleaned after every nappy change with anti-bacterial solution.

• Hands washed after every nappy change with hot water and soap, after washing and drying hands, the use of sanitizer hand solution to be sure hands are thoroughly clean.

• Nappy bin to be emptied .

Disposal of bodily waste

To minimise the risk of infection we ensure that:

• All staff wear disposable aprons and gloves.

• All staff follow our nappy changing routine.

• Soiled nappies, wipes etc are placed in a nappy sack and disposed of into the nappy bin provided, which is emptied regularly and bag replaced.

• Bodily fluids e.g. vomit, blood etc, is cleaned by disposable paper towels/ cloths and placed in a double bag and put straight in the outside bins.

• Appropriate mop and bucket to be used to clean up any spillage and disinfected after each use.

• Changing mats are cleaned after every use with anti-bacterial spray.

• Any soiled cloths are sluiced and placed in a double bag.• Aprons and gloves are placed in a bag and disposed of in the outside bin.

• Wash hands thoroughly and use sanitizer hand solution, to be sure hands are thoroughly cleaned

Potty Training / Toileting

• We will work in partnership with parent/carers to achieve potty training goals.

• Only staff who have had relevant Disclosure and Baring (DBS) checks done can aid any child with any kind of toileting needs.

• Staff will be be patient, supportive and give plenty of praise and encouragement to help build the child's confidence

• Once a child shows signs of being ready for potty training the child's key

worker will work closely with the parents/carers and discuss strategies to help the child through the process. This will be shared with relevant staff
• The member of staff on “nappy” duty will be responsible for seeing that the child is taken and asked if they need the potty or toilet regularly.
• A child must never be forced to sit on the potty.
• give lots of praise and encouragement when the child makes an effort to try.
• If a child has an accident he/she should never be reprimanded for it but reassured it doesn’t matter and that mistakes happen and asked to let the adults know next time.
• If a child continuously makes mistakes and becomes upset or worried about it, potty training should stop and be tried again at a later date.
• Support should be given until the child can use the toilet independently.
• Staff to develop child’s own awareness of health and hygiene
• We encourage children to freely use the toilet to build their independence and confidence but staff will assist if necessary.
• Parents should keep the child’s key worker informed of any circumstances that may affect potty training.

Other times of intimate care

There will be other times throughout a child’s time at nursery where intimate care may be needed this could include:
• Applying of nappy/barrier cream
• Applying topical creams e.g. for Eczema
• First aid treatment (only to be carried out by staff member that is DBS checked and has current Pediatric First Aid Training)
• Dressing/undressing e.g. when a child’s clothes have become soiled

During all times of intimate care, we will ensure that it is carried out professionally and sensitively

Policy Reviewed on 25.9.25