

Mrs Bonds Village Nursery

Sun Protection Policy

Aim

At Mrs Bonds Village Nursery we aim to protect children whilst they are in our care. We believe it is essential to help children understand the importance of keeping themselves safe in the sun and have developed this policy to ensure that we can all enjoy the sun safely over the summer months. Getting sun burnt as a child leads to greater risk of skin cancer in later life, however sun damage can be avoided. It is important that children, especially young children, are given the protection they deserve.

Method

- Mrs Bonds Village Nursery ask all parents/carers to apply Sun cream before their child attends the nursery, for children in all day there are sun screens that last for 12 hours.
- Parents are also asked to provide a sun hat for their child, the legionnaire style hats are beneficial, they are asked to ensure the hat is named. Children will be encouraged to wear sun hats when accessing the outdoor area.
- During warm weather we will:
 - Limit the maximum time spent outdoors during the hottest parts of the day.
 - Ensure there are sufficient shaded areas outdoors.
 - We will make sure that the children have access to their drink bottles and that they are regularly filled up.
 - Children should be kept in the shade as much as possible.
- As the protection of the children in our care is of utmost importance, only children wearing a sun hat and sun screen are permitted to play outside on hot days.
- We will teach children about the importance of sun safety and keeping safe in the sun
- We will share information with parents to educate them on the importance of sun safety

First Aid

Any child suspected of suffering from sunburn or heat exhaustion will be taken indoors to a cool place and contact the child's parents.

- Sunburn: Children will be given plenty of fluid and the affected area cooled with cold water.
- Heat Exhaustion: This is caused by exertion in and over exposure to high temperatures. Heat exhaustion is accompanied by dizziness, headaches and muscular cramps in the lower limbs. If a child is suspected of suffering from heat exhaustion, his/her parents will be contacted immediately. Meanwhile the child will be laid down in a cool area and offered sips of cold water. If the condition worsens, medical assistance will be sought from the nurse.
- Heat Stroke: Signs include dizziness, nausea and flu-like symptoms. If a child is suspected of suffering from heat stroke his/her parents will be contacted immediately and the nurse will be called to nursery. It is important to reduce the child's temperature by taking them to a cool place, removing outer clothing, and putting them in a sitting position with the head and shoulders supported. Again if symptoms persist and the child's condition deteriorates medical assistance will be sought.

Policy Reviewed on 25.9.25